



# HOLIDAY HAMPERS & GIFTS FOR KIDS



## Could you use an extra hand this Holiday Season?

If you live in Highlands East, Harcourt or Paudash & could use a hand this holiday season with **food** and/or **gifts for your kids and teens**, please reach out!

**Register with Karen at (705) 243-2419**  
**hello@centralfoodnetwork.org**

**DEADLINE**  
**DEC. 5**

### PICK UP INFO



#### Gifts for Kids

Pick up by appointment in Highland Grove from Dec. 16 to 18.  
Delivery available.



#### Holiday Hampers

Pick up by appointment at Cardiff & Wilberforce locations from Dec. 16 to 18.  
Delivery available.