



The Good Food Box

Fresh fruits & vegetables at a reduced cost



\$20

The Good Food Box is a bag of fruits and vegetables delivered right to your Community, ideal for anyone who needs to stretch their fresh food budget. Everyone is welcome to participate in this community program.

How does it Work?

- Available on the 3rd Thursday of each month.
- Place your order with your Community Contact by the 2nd Wednesday of each month
- Pick-up is available in Haliburton, Minden, West Guilford, Wilberforce, Gooderham and Cardiff

What's in a box?



A seasonal variety of fresh fruits & vegetables at reduced cost



2025 Delivery Dates

Jan 16, 2025	July 17, 2025
Feb 20, 2025	Aug 21, 2025
Mar 22, 2025	Sept 18, 2025
Apr 17, 2025	Oct 16, 2025
May 15, 2025	Nov 20, 2025
June 19, 2025	Dec 18, 2025

Community Contacts

Cardiff	Evelyn	613-339-2397
Eagle Lake/West Guildford	Eric	705-754-9873
Gooderham	Karen	705-457-4571
Haliburton	Diane	705-457-3859
Kinmount	Christine	705-928-7716
Minden	Karen	705-457-4571
Stanhope	Georgia	705-489-3131
Wilberforce	Ken	705-935-1956
Program Admin	Irv	647-286-5839