



Central Food Network

P.O. Box 213 Wilberforce Ontario, K0L 3C0

Phone: 705-448-9711

www.centralfoodnetwork.org

Annual Food Bank Usage in Highlands East, 2019 Report from the Central Food Network

Prepared by
Carol Greenwood
Chair, Central Food Network

2019 Summary

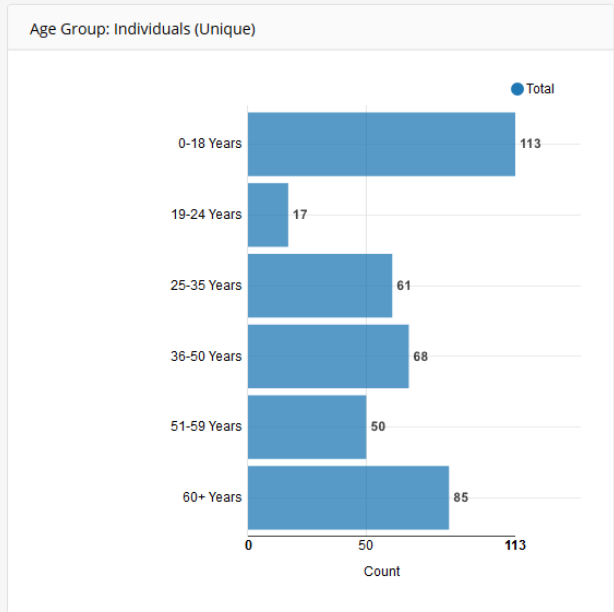
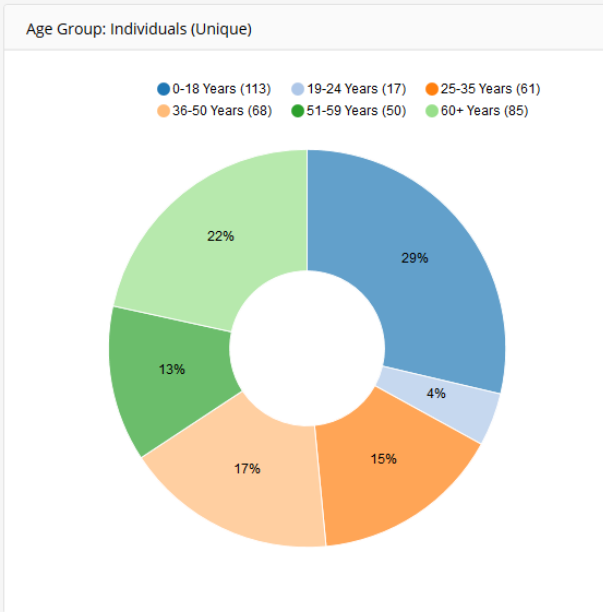
Annual Summary of Clients Served at the Cardiff and Wilberforce Food Banks During 2019

Total Number of Individuals Using the Highlands East Food Banks During 2018 and 2019¹

1. Our food banks reached a total of 394 individuals, representing an increase of 12%, or 42 individuals since 2018.
2. Over half (51%) of these individuals were from vulnerable sectors. That is, 29% were children (0-18 yrs) and 22% were seniors (60+ years).

Age Group: Individuals (Unique) 2018								
	0-18 Years	19-24 Years	25-35 Years	36-50 Years	51-59 Years	60+ Years	Total	Estimated Date of Birth
Network	98	22	47	60	56	69	352	23

Age Group: Individuals (Unique) 2019								
	0-18 Years	19-24 Years	25-35 Years	36-50 Years	51-59 Years	60+ Years	Total	Estimated Date of Birth
Network	113	17	61	68	50	85	394	21



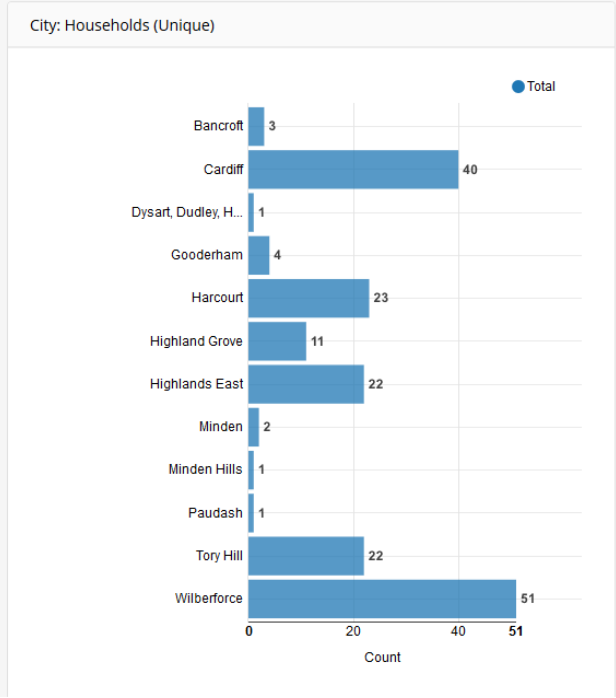
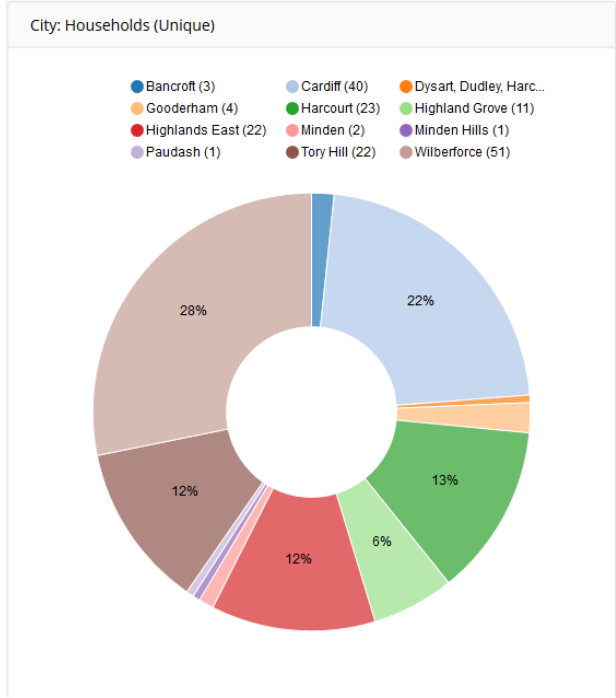
¹ All data obtained using the Link2Feed food bank software. This database is owned and maintained by Feed Ontario (formerly the Ontario Association of Food Banks).

Food Bank Usage by Residency

1. Of the 181 households accessing the food banks, half came from either Cardiff (22%) or Wilberforce (28%).
2. The remaining 50% of households were in other Highlands East communities, predominantly Tory Hill, Harcourt, Highlands East and Highland Grove.

City: Households (Unique)		2018										
	Bancroft	Cardiff	Gooderham	Harcourt	Highland Grove	Highlands East	Irondale	Paudash	Tory Hill	Unknown	Wilberforce	Total
Network	2	37	6	17	10	12	1	1	21	1	51	159

City: Households (Unique)		2019											
	Bancroft	Cardiff	Dysart, Dudley, Harcourt, Guilford, Harburn, Bruton, Havelock, Eyre and Clyde	Gooderham	Harcourt	Highland Grove	Highlands East	Minden	Minden Hills	Paudash	Tory Hill	Wilberforce	Total
Network	3	40	1	4	23	11	22	2	1	1	22	51	181

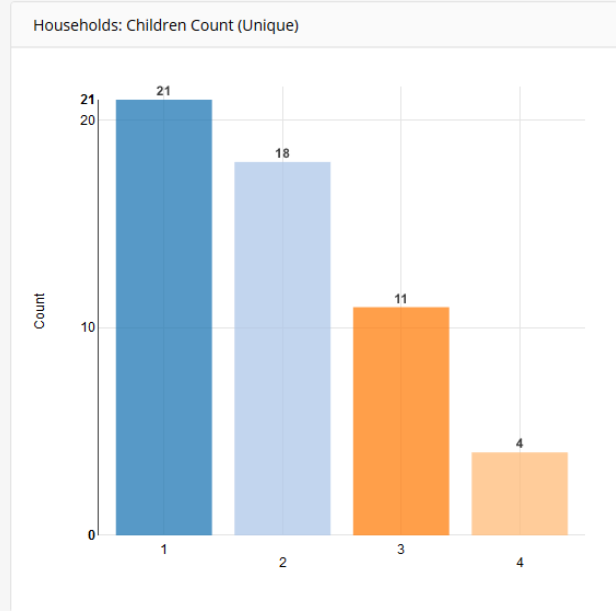
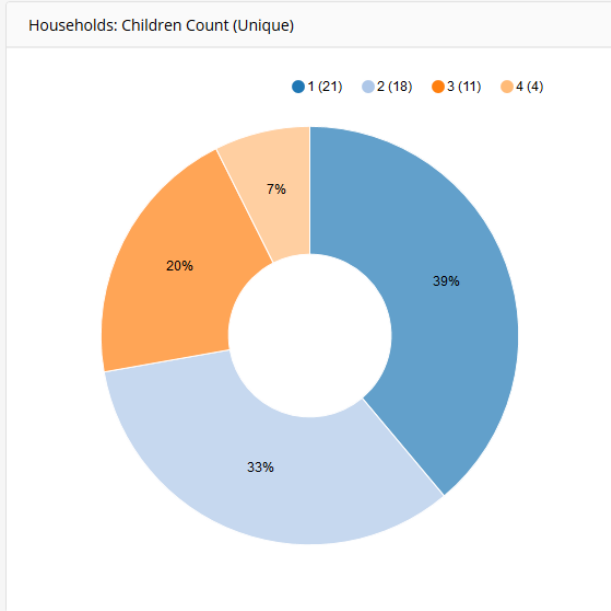


Number of Households with Children

1. Of the 181 households accessing the food banks, 30% of these households (54 households) had one or more children.
2. Most of these households had 1 or 2 children.

Households: Children Count (Unique) 2018					
	1	2	3	4	Total
Network	20	17	10	2	49

Households: Children Count (Unique) 2019					
	1	2	3	4	Total
Network	21	18	11	4	54



Frequency of Food Bank Usage

1. Over half of the households accessing the food banks used them 4 or fewer times over the year.

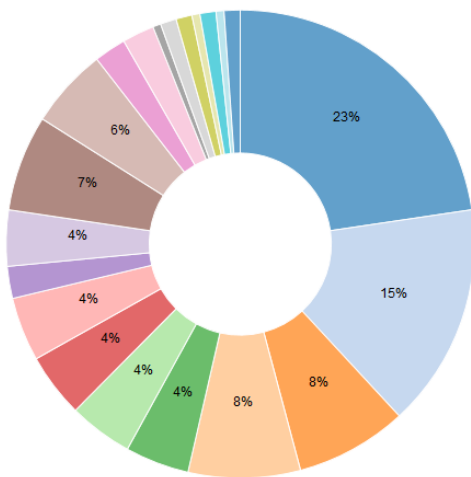
Visits: Number of Visits (Duplicated) **2018**

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	19	29	Total
Network	29	21	13	9	7	12	7	7	6	6	6	13	3	6	4	6	1	2	1	159

Visits: Number of Visits (Duplicated) **2019**

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	20	22	23	Total
Network	41	28	14	14	8	8	8	8	4	7	12	10	4	4	1	2	2	1	2	1	2	181

Visits: Number of Visits (Duplicated)



Visits: Number of Visits (Duplicated)

